

All ages and skills, join us to have fun playing Touch Rugby and socialize on IJburg beach this summer!



Get Active, Have Fun, and Make Memories

Calling all beach enthusiasts and sports lovers! Dive into the exhilarating world of Touch Rugby on IJburg beach this summer. Grab your friends, family, or meet new teammates as you bask in the sun and enjoy this team sport!

Why Play Beach Touch Rugby?

- Experience the thrill of the game without the tackles.
- Embrace inclusivity - all ages and skill levels are welcome. You'll learn it on the spot in no time.
- Boost your fitness, agility, and teamwork in a fun-filled environment.
- Socialize in Amsterdam.
- Create lasting memories and friendships.
- It's free of charge, just for fun!

When?

Every Tuesday evening in June to August, 19.00-20.30 on IJburg beach

What to Expect?

- Skill-building warm-up activities led by experienced coach.
- Friendly matches in mixed-gender teams.
- Opportunities for all players to shine and have a blast.
- No constraints, join when it fits your agenda or feel like it

Send us an email at RugbyIJburg@gmail.com or follow us on www.facebook.com/RugbyIJburg if you're interested or have questions.

We would love to hear about you!